



# ADAPTIVE RECREATION

NORTH FULTON SPECIAL NEEDS  
PROGRAM GUIDE



CREATED IN PARTNERSHIP WITH THE CITIES OF ALPHARETTA,  
JOHNS CREEK, MILTON, ROSWELL, AND ED ISAKSON YMCA.

ALL ADAPTIVE RECREATION PROGRAMS & EVENTS ARE DESIGNED TO EXPOSE PARTICIPANTS TO NEW EXPERIENCES,  
ENHANCE SELF-ESTEEM, SELF-CONFIDENCE, INDEPENDENCE, AND PROMOTE COMMUNITY INVOLVEMENT.

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# About Us

North Fulton Special Needs Services and Expo is dedicated to the education, enrichment, and support of those with special needs within the North Fulton Community.

It takes a village, and in this case, multiple cities. The cities of Alpharetta, Johns Creek, Milton, Roswell, and Ed Isakson YMCA have partnered together to provide the individuals and families of North Fulton a single place to learn about and access adaptive and special needs programming, classes, camps, sports, special events, and more.

## ADVOCATING

for people with disabilities.

## PARTNERING

to benefit the overall community.

## NETWORKING

to build cooperative relationships.





# Fitness & Recreation



## FITNESS

CITY OF ALPHARETTA & ED ISAKSON  
YMCA

### **B.R.A.V.E. - Gymnastics Class**

**Date:** January - May; September-December

**Time:** Varies

Alpharetta Community Center, 175 Roswell St.

**Cost:** \$55 Residents, \$82.50 Non-residents

**Ages:** 3 - 7 yrs

**Info:** B.R.A.V.E (Be-Radiant-Active-Vibrant-Energetic) gymnastics class is designed to help improve fitness, hand-eye coordination, motor skills, balance, strength and flexibility, while enhancing sensory and spatial awareness. Classes are for children with special needs who are independent, while doing gross motor skill activities, yet require a smaller class size. For more information call 678-297-6100 or email [accprograms@alpharetta.ga.us](mailto:accprograms@alpharetta.ga.us).

### **Family Swim Nights**

**Date:** June 14, July 19, Aug. 23 (Sundays)

**Time:** 5:30 p.m. - 7:30 p.m.

Wills Park Pool

**Cost:** FREE

**Ages:** All ages

**Info:** A free swim night for community members with physical or cognitive disabilities and their families. For more information call 678-297-6107 or email [aquatics@alpharetta.ga.us](mailto:aquatics@alpharetta.ga.us)

### **ICAN Bike**

**Date:** June 22-26

**Time:** Assigned 75-minute sessions

**Cost:** Contact for cost

**Ages:** All ages

**Info:** A 5-day camp to teach individuals with special needs to ride on 2-wheels. Our program is offered by iCan Shine, a 501(c)(3) charitable organization that provides unique learning opportunities in recreational activities for people with disabilities. Each person's abilities are embraced and nurtured to foster an environment where everyone can shine! Applications for summer 2020 will become available on March 2. For questions please contact Officer Allen Elfreh: [aelfreth@alpharetta.ga.us](mailto:aelfreth@alpharetta.ga.us) and Officer Amanda Clay: [aclay@alpharetta.ga.us](mailto:aclay@alpharetta.ga.us). For more information visit [www.facebook.com/ICanBikeAlpharetta/](http://www.facebook.com/ICanBikeAlpharetta/)

**After School Fitness Clinics**

**North Metro Miracle League (NMML)**

**Date:** August - May (Monday & Wednesday)  
**Time:** 4:30 p.m. - 6 p.m.  
 North Park NMML Field, 13450 Cogburn Rd.  
**Cost:** Contact for cost  
**Ages:** 4 - 21 yrs  
**Info:** Dates and Times will be posted on NMML website in early September. Clinics runs for eight weeks per semester, two classes per week, and is an inclusive fitness class which encourages children and teens to move to the best of their ability.  
 www.nmml.net

**Adaptive Fitness, Friendship and FUN**

**Date:** Begins Summer 2020 (Mondays & Thursdays)  
**Time:** 2:45 p.m. - 5:45 p.m. (Monday)  
 3 p.m. - 6 p.m. (Thursday)  
 Alpharetta YMCA, 3655 Preston Ridge Rd.  
**Cost:** Contact for cost  
**Ages:** Teens and young adults  
**Info:** This is a 3-hour drop-off program for teens and young adults with special needs. Beginning Summer 2020, the Y will run four 9-week sessions throughout the year. For details and to register, please contact Karen Wise at krwise1@comcast.net.

**Adaptive Training**

**Date:** Ongoing (Mondays)  
**Time:** 5 p.m. - 5:45 p.m.  
 Alpharetta YMCA, 3655 Preston Ridge Rd.  
**Cost:** Contact for cost  
**Ages:** Teens and young adults  
**Info:** Teens and young adults with special needs will be led through a fitness class incorporating cardio, strength and flexibility moves in a safe and fun environment, with modifications so everyone can participate. Please contact Karen Wise krwise1@comcast.net for more details.

**Adaptive Swim Lessons**

**Date:** Ongoing  
**Time:** TBD  
 Alpharetta YMCA, 3655 Preston Ridge Rd.  
**Cost:** Contact for cost  
**Ages:** All ages  
**Info:** Designed for individuals with special needs to learn basic swimming skills and techniques through one-on-one instruction. www.ymcaatlanta.org

**Adaptive Dance**

**Date:** Ongoing (Wednesdays)  
**Time:** 5 p.m. - 5:45 p.m.  
 Alpharetta YMCA, 3655 Preston Ridge Rd.  
**Cost:** Contact for cost  
**Ages:** Teens and young adults  
**Info:** Teens and young adults will join in on some fun line dances, designed with modifications so everyone can participate. Please contact Karen Wise krwise1@comcast.net for more details.

**Adaptive Yoga**

**Date:** Ongoing (Thursdays)  
**Time:** 5:15 p.m. - 6:15 p.m.  
 Alpharetta YMCA, 3655 Preston Ridge Rd.  
**Cost:** Contact for cost  
**Ages:** Teens and young adults  
**Info:** Teens and young adults will be guided through a gentle flow that encourages creative movement at their own pace and ability. They will gain increased strength, balance and flexibility, as well as, an enhanced ability to move through life in a more integrated and inspired way. Facilitators are welcome to join! Please contact Karen Wise at krwise1@comcast.net for more details.

CITY OF ROSWELL

**Aquatic Fun and Fitness**

**Date:** Mondays (Year Round)  
**Time:** 6 p.m. - 6:45 p.m.  
 Adult Aquatic Center, 200 Dobbs Dr.  
**Cost:** \$20 Residents, \$30 Non-residents  
**Ages:** 10 yrs and up  
**Info:** This program is an introductory level class that incorporates fun activities designed to increase strength, flexibility, and endurance. Appropriate for individuals with developmental disabilities, orthopedic impairments, autism and more.

**Veterans Cycling Club**

**Date:** Tuesdays (Spring, Fall, Summer)  
**Time:** 10 a.m. - Noon  
 Big Creek Park, 1600 Old Alabama Rd.  
**Cost:** Free  
**Ages:** All Veterans  
**Info:** Beginners adaptive cycling program held at Big Creek Park.

## CITY OF ROSWELL

### Adaptive Neverland Aquatics

**Date:** Varies

**Time:** Varies

Adult Aquatic Center, 200 Dobbs Dr.

**Cost:** Contact for cost

**Ages:** 2 yrs and up

**Info:** Offers basic swim lessons and adaptive swim team. Contact Neverland at 770-827-6373 or visit [www.adaptedschwim.com](http://www.adaptedschwim.com).

### Unique Therapy Services (UTS)

**Date:** Varies

**Time:** Varies

Adult Aquatic Center, 200 Dobbs Dr.

**Cost:** Contact for cost

**Ages:** All ages

**Info:** Provides Adaptive Aquatics, Swim instruction, and Aquatic Physical Therapy. Contact UTS at 770-641-9239.

# RECREATION

## CITY OF ALPHARETTA

### Lionheart WORKS Adult Vocational Program

**Date:** Year round

**Time:** 9 a.m. - 3 p.m. (Mon. - Thur.) Ends at 2 p.m. Fridays

Lionheart Life Center, 225 Roswell St., Alpharetta, Ga

**Cost:** Contact for cost

**Ages:** 18 yrs and up

**Info:** An individualized vocational training program for adults with disabilities. ACRE trained staff facilitate a person-centered program that specializes in career discovery, strengths and interests' assessments, job development and job coaching to lead to sustainable and independent employment. Lionheart WORKS offers a variety of job sampling opportunities through our growing list of business connections, community partners, and internal worksites that include The Lionheart Tech Site, Gardens, and Art Cottage. Lionheart WORKS is a year-round program with rolling admissions and accepts funding from Family Support Services, GVRA, self-directed DBHDD Waiver, and private pay.

### Adaptive Rhythmic Art with Kyle Bush

**Date:** March - May (1st and 3rd Tuesdays)

**Time:** 4 p.m. - 5 p.m.

Alpharetta Arts Center, 238 Canton St.

**Cost:** \$50 Residents; \$75 Non-residents

**Ages:** 6 - 15 yrs

**Info:** (TRAP) classes educates individuals with Intellectual and Developmental Disabilities as well as typical young children, by embracing a unique methodology that encompasses rhythm as a modality to address basic life and learning skills as well as reading, writing, and arithmetic. TRAP provides its students with the tools and confidence needed to succeed in the world.



**Adaptive Expression**

**Date:** March - December (2nd Monday of each month)

**Time:** 4 p.m. - 5 p.m.

Alpharetta Arts Center, 238 Canton St.

**Cost:** FREE

**Ages:** All ages

**Info:** Artists with special needs exercise their creativity and social skills in an informal arts activity on the 2nd Monday of each month. All supplies provided. No fee; pre-registration required; space limited.

**Adaptive Art: Meet the Masters with Beth Abbott**

**Date:** March 17 - April 28 (Tuesdays)

**Time:** 6 p.m. - 7 p.m.

Alpharetta Arts Center, 238 Canton St.

**Cost:** \$135 residents, \$202.50 non-residents  
\$20 supply fee

**Ages:** 13 - 30 yrs

**Info:** Each week a historic Master Artist and their unique styles will be introduced. Instructor will provide the materials and guidance needed to create a masterpiece in a variety of mediums. We will create collages with colorful papers, explore acrylic on canvas, watercolor paint, oil pastels and more. Come and be inspired by the Masters!

**Adaptive Ceramics with Rosita Czekala**

**Date:** March 18 - May 13 (Wednesdays)

**Time:** 4:30 p.m. - 6 p.m.

Alpharetta Arts Center, 238 Canton St.

**Cost:** \$50

**Ages:** 18 yrs and up

**Info:** The class is open for young adults ages 18 and above with neurodevelopmental challenges, such as autism. This is a group pottery class and we are unable to offer one on one support at this time. We hope you will come get your hands messy with us and create beautiful pieces!

**Shenanigans Junior with Autism Improvised, INC.**

**Date:** March 23 - May 18 (Mondays)

**Time:** 4:30 p.m. - 5:30 p.m.

Alpharetta Arts Center, 238 Canton St.

**Cost:** \$250 Residents, \$375 non-residents

**Ages:** 5-7 yrs

**Info:** Grow self-confidence and social communication skills through fun theater and improv games. For children who are shy, struggle with friendships, and have difficulty understanding their social universe. Great for kids with autism and related disorders. No diagnosis needed.

**Code Breakers with Autism Improvised, INC.**

**Date:** March 25 - May 6 (Wednesdays)

**Time:** 5 p.m. - 6 p.m.

Alpharetta Arts Center, 238 Canton St.

**Cost:** \$300 Residents, \$450 non-residents

**Ages:** 16 - 22 yrs

**Info:** For motivated young adults headed to college or the competitive work force. Through improvised role play and discussion, we explore a single topic related to social interactions each six weeks. Our spring topic is "Problem Solving and Dealing with Difficult People."

**Camp Moe-mentum**

**North Metro Miracle League (NMML)**

**Date:** June

**Time:** 9 a.m. - 3 p.m.

North Park-NNML Field, 13450 Cogburn Road.

**Cost:** \$220

**Ages:** 5 - 13 yrs; 13 yrs and up

**Info:** Camp "Moe-Mentum" is an inclusive camp concentrating on fitness and fun. Campers of all abilities participate in a variety of activities which encourage movement and socialization.

## FITNESS & RECREATION

### Camp Happy Hearts

**Date:** June - July

**Time:** 9 a.m. - 4 p.m.

Lionheart Life Center, 225 Roswell St., Alpharetta, Ga

**Cost:** \$150 Residents, \$225 Non-residents

**Ages:** 6 - 12 yrs

**Info:** Camp Happy Hearts offers a fun summer day camp experience appropriate for children with special needs. Your child will make new friends and go to exciting places. Activities include swimming, arts and crafts, games, sports, field trips and much more!

### Lionheart Farm Camp

**Date:** June - July

**Time:** 9 a.m. - 3 p.m.

Lionheart Life Center, 225 Roswell St., Alpharetta, Ga

**Cost:** \$450 per week/ \$500 per week w/ transportation

**Ages:** 5 - 18 yrs

**Info:** Lionheart Farm summer camp is a program for children 5 - 12 yrs old, where they can play, discover, and explore nature. Sensory driven activities include farming, gardening, woodworking, rustic art, ceramics and swimming.

## CITY OF ROSWELL

### Adaptive Art

**Date:** Seasonal

**Time:** 6:30 p.m. - 7:30 p.m.

Adult Recreation Center, 830 Grimes Bridge Rd.

**Cost:** \$20 Residents, \$30 Non-residents

**Ages:** 12 yrs and up

**Info:** Adapted art program focusing on technique and creativity. Students will explore clay, painting and multimedia art projects.

### Spring Break Friendship Camp

**Date:** April 6 - 8

**Time:** 9:30 a.m. - 3 p.m.

Waller Park Recreation Center, 250 Oak Street

**Cost:** \$225

**Ages:** 4 - 30 yrs

**Info:** For more information, please call 678-640-2489. Register online at [www.SocialSkillsToday.com](http://www.SocialSkillsToday.com).

## CITY OF MILTON

### Camp Joyful Soles

**Date:** June - July

**Time:** 9 a.m. - 4 p.m.

Location TBD

**Cost:** \$175 Residents, \$262.50 Non-residents

**Ages:** 13 - 22 yrs

**Info:** This small, specialized camp, designed for moderate to high functioning special needs teenagers, is limited to just 30 participants each week and offers a multitude of activities including: arts and crafts; games, music, social skills therapy, drama therapy, special guests, field trips and swimming once per week.



Creating community connections

# THANK YOU TO OUR 2019 PARTICIPANTS

Access Ability  
 ACE Healthcare  
 Alexander Academy  
 Art in a Cart  
 Autism Improvised  
 Back to Balance  
 BEATS, Inc.  
 BREWable  
 Bright Horizons Pediatric Therapy  
 City of Alpharetta  
 City of Johns Creek  
 City of Milton  
 City of Roswell  
 Cobblestone Therapy Group  
 College Nannies & Sitters  
 Cumberland Academy  
 doTerra Essential Oils  
 Dreamworks Children's Therapy  
 Ed Isakson YMCA  
 Elevation Autism & Learning Center  
 Friendship Ranch  
 Great Prospects, Inc.  
 Harmony Childrens Village  
 In Community  
 International Dyslexia Assoc.  
 Kid's Creek Therapy

Lekotek  
 Lionheart/LionWORKS  
 Lumina Autism Center  
 Mill Springs Academy  
 Next Step Ministries, Inc.  
 North Metro Miracle League  
 PRISM  
 ReClif  
 South Main Chiropractic  
 Special Equestrians of GA  
 Swimkids of Georgia  
 The Geroge Center for Music Therapy  
 Therabeat, Inc.  
 Unique Therapy Services, LLC  
 Your Respite

**ADVOCATING**  
FOR PEOPLE WITH  
DISABILITIES.

**PARTNERING**  
TO BENEFIT THE OVERALL  
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**NETWORKING**  
TO BUILD COOPERATIVE  
RELATIONSHIPS.

For information email [cyoung@alpharetta.ga.us](mailto:cyoung@alpharetta.ga.us) or call 678-297-6154.

# Sports



## CITY OF ALPHARETTA

### Adaptive Softball

#### North Metro Miracle League (NMML)

**Date:** Spring and Fall

**Time:** Varies

North Park NMML Field, 13450 Cogburn Rd.

**Cost:** \$45 per season

**Ages:** All ages

**Info:** Adaptive softball program for all abilities. No minimum ability requirement. There are five levels of competition including a Special Olympics travel team. Visit [www.NMML.net](http://www.NMML.net) for more information.

## CITY OF JOHNS CREEK

### Special K Soccer

**Date:** April - May (Saturdays)

**Time:** Sunday afternoons

North Fulton United FC  
Newtown Park, 3150 Old Alabama Road

**Cost:** FREE

**Ages:** 8+ yrs

**Info:** Special K Soccer invite athletes with special needs (ages 8 and older) to compete in a 4 game soccer season. These athletes will be matched with peers without disabilities. Unified Sports® is an inclusive sports program that combines an approximately equal number of athletes (individuals with intellectual disabilities) and partners (individuals without intellectual disabilities) on teams for training and competition. Visit [www.northfultonunited.org](http://www.northfultonunited.org) for more information.

## CITY OF ROSWELL

### Adaptive Basketball

**Date:** Winter (Saturdays)

**Time:** 5:00 p.m. - 5:45 p.m. - Ages 5-12 yrs  
6:00 p.m. - 6:45 p.m. - Ages 12 - 17 yrs

Hembree Park Gym

**Cost:** \$30 Residents, \$44 Non-residents

**Ages:** 5 - 17 yrs

**Info:** Learn the basic skills of basketball using fun activities that include shooting, dribbling, passing, and more.

### Adaptive Paddleboarding

**Date:** Seasonal

**Time:** Varies

Azalea Park Dock, 203 Azalea Dr.

**Cost:** \$40 Residents, \$60 Non-residents

**Ages:** 10 yrs and up

**Info:** Meet with a certified adaptive paddling instructor to enjoy the fun of paddling on the Chattahoochee! The Onit Ability paddle board accommodates wheelchairs for those who are paraplegic, amputees, or have other disabilities. Sessions are 60 minutes, fees are per session. For more information call 770-722-3972 or email [roswellGAP@gmail.com](mailto:roswellGAP@gmail.com).

### Adaptive Tennis

**Date:** Spring and Fall (Tuesdays)

**Time:** 6:30 p.m. - 7:30 p.m.

Roswell Area Park

**Cost:** Free

**Ages:** 18 yrs and up

**Info:** Participants will learn basic tennis skills: backhand, forehand, serving and more. Program taught by special pops tennis.

### Adaptive Soccer

**Date:** Spring (Saturdays)

**Time:** 9:30 a.m. - 10:30 a.m. - Ages 5-12 yrs  
10:45 a.m. - 11:45 a.m. - Ages 12 - 17 yrs

Groveland Community Park, 160 Dobbs Dr.

**Cost:** \$30 Residents, \$45 Non-residents

**Ages:** 5 - 17 yrs

**Info:** Learn basic skills of soccer using fun activities that include dribbling, kicking, shooting, and more.

### Adaptive Baseball

**Date:** Summer and Fall (Saturdays)

**Time:** 9:30 a.m. - 10:30 a.m. - Ages 5-12 yrs  
10:45 a.m. - 11:45 a.m. - Ages 12 - 17 yrs

Groveland Community Park, 160 Dobbs Dr.

**Cost:** \$30 Residents, \$45 Non-residents

**Ages:** 5 - 17 yrs

**Info:** Learn the basic skill of baseball using fun activities that include throwing, catching, hitting, and more.

# Social & Special Events



## SOCIAL

### CITY OF ALPHARETTA & ALPHARETTA YMCA

#### Alpharetta Y Happy Club

**Date:** Ongoing

**Time:** Varies

Alpharetta YMCA, 3655 Preston Ridge Rd.

**Cost:** Contact for cost

**Ages:** 16 yrs and up

**Info:** The Happy Club is a YMCA program— developed and maintained by volunteers—that provides teens and adults with developmental disabilities the opportunity to further develop their social and community skills. [www.ymcaatlanta.org](http://www.ymcaatlanta.org)

#### BrewAble Cafe

**Date:** Ongoing

**Time:** Mon. - Fri. 7 a.m. - 5 p.m.  
Sat. 9 a.m. - 3 p.m.

Alpharetta Community Center, 175 Roswell St.

**Info:** BrewAble is a nonprofit café in the Alpharetta Community Center. Our mission is to provide meaningful employment and community connections for people with intellectual and developmental disabilities (IDD) by creating opportunities to train, learn, and excel as employees in a café setting. Learn about the program, employment opportunities and more at [www.brewablecafe.com](http://www.brewablecafe.com).

#### Y After School

**Date:** Ongoing

**Time:** 2 p.m. - 6:30 p.m.

Alpharetta YMCA, 3655 Preston Ridge Rd.

**Cost:** Contact for cost

**Ages:** 5 - 11 yrs

**Info:** Inclusion after school program for K-5th Grade.

**Owl Club Child Care**

**Date:** Saturdays  
**Time:** 12:30 p.m. - 3 p.m.  
 Alpharetta YMCA, 3655 Preston Ridge Rd.  
**Cost:** Contact for cost  
**Ages:** 4 - 11 yrs  
**Info:** Guided play and discovery programing for children with special needs. [www.ymcaatlanta.org](http://www.ymcaatlanta.org)

**Camp 2 Community**

**North Metro Miracle League (NMML)**

**Date:** July  
**Time:** Varies  
 North Park-NNML Field, 13450 Cogburn Rd.  
**Cost:** TBD  
**Ages:** 10 -16 yrs  
**Info:** Camp2Community is a 4 week summer program aimed at providing meaningful life, social and vocational instruction while maintaining the stress free and fun environment of a typical summer camp. Campers will learn many valuable life skills.

**Owl Program Day Camp**

**Date:** Summer (Saturdays)  
**Time:** 12:30 p.m. - 3 p.m.  
 Alpharetta YMCA, 3655 Preston Ridge Rd.  
**Cost:** Contact for cost  
**Ages:** 5 - 14 yrs  
**Info:** Please visit [www.ymcaatlanta.org](http://www.ymcaatlanta.org) for more information.

**Young Adult Bingo Night**

**Dates:** Friday, July 24; Friday, Nov. 13  
**Time:** 7 p.m. - 9 p.m.  
 Newtown Park - Park Place  
**Cost:** FREE  
**Ages:** 18 yrs and up  
**Info:** Join us for Bingo Night, presented in partnership with Great Prospects. Parents are encouraged to drop off young adults to enjoy an evening of bingo, pizza, drinks, prizes, and fun! RSVP to [info@greatprospectsinc.org](mailto:info@greatprospectsinc.org) or call 770-314-4243.

**Dance Under the Stars**

**Dates:** Friday, September 11  
**Time:** 7 p.m. - 9 p.m.  
 Newtown Park - Amphitheater  
**Cost:** \$12  
**Ages:** 15 yrs and up  
**Info:** Join us for an evening of dancing, pizza, drinks, DJ Sammy and lots of fun! Parents are encouraged to drop off young adults, ages 15 years and older, to enjoy the dance. RSVP to [info@greatprospectsinc.org](mailto:info@greatprospectsinc.org) or call 770-314-4243.

**CITY OF MILTON**

**Village Volunteers**

**Date:** Ongoing (Mondays)  
**Time:** Noon - 2 p.m.  
 Bethwell Community Center, 2595 Hopewell Rd  
**Info:** The Village Volunteers is a volunteer social activities group serving adults with disabilities that have aged out of the public school system. The group meets every Monday at Bethwell Community Center from noon to 2 p.m. Activities include cooking and art projects along with an outing into the community once per month. Parents or caretakers must accompany the member. This activities group is solely supported by local volunteers. For more information, please email [villagevolunteers@yahoo.com](mailto:villagevolunteers@yahoo.com).

**CITY OF JOHNS CREEK**

**Young Adult Bocce & Game Night**

**Dates:** January - December (Every other Tuesday)  
**Time:** 6:30 p.m. - 8 p.m.  
 Newtown Park - Park Place  
**Cost:** Free  
**Ages:** 18 yrs and up  
**Info:** The Recreation and Parks Division and our partner Michael Stinson, CPT, invite members of the community (18 years and older) with special needs to play Bocce Ball and games with friends. . Register or receive more information by contacting Michael Stinson at 716-818-3475 or [michaelsstinson65@yahoo.com](mailto:michaelsstinson65@yahoo.com).

## SOCIAL & SPECIAL EVENTS

# CITY OF ROSWELL

### Young Adult Social

**Date:** Monthly/ Holidays

**Time:** Times vary

Adult Recreation Center, 830 Grimes Bridge Rd.

**Cost:** \$16 Residents, \$24 non-residents

**Ages:** 18 yrs and up

**Info:** Monthly event encouraging social interactions and friendship. Dinner is provided. Events are themed.

Cupid Dance- 2/19

Shamrock Dance- 3/18

Glow Party- 4/15

Luau Dance- 7/15

Halloween Dance- 10/21

Thanksgiving Dance- 11/18

Holiday Dance- 12/16

### Adaptive Bocce

**Date:** Year round (Thursdays)

**Time:** 6:30 p.m. - 8 p.m.

Adult Recreation Center, 830 Grimes Bridge Rd.

**Cost:** Free

**Ages:** 14 yrs and up

**Info:** Adaptive bocce, social event.

### Youth Social Club

**Date:** Monthly (Wednesday)

**Time:** 6:30 p.m. - 8:30 p.m.

Adult Recreation Center, 830 Grimes Bridge Rd.

**Cost:** \$16 Residents, \$24 non-residents

**Ages:** 12 - 17 yrs

**Info:** Monthly event encouraging social interactions and friendship.

-March 25

-April 22

-May 27

### Movie Night

**Date:** March 4, July 22

**Time:** 6 p.m. - 8 p.m.

Adult Recreation Center, 830 Grimes Bridge Rd.

**Cost:** \$4

**Ages:** All ages

**Info:** We will be watching a popular movie on the big screen! Sign up now so we will know how much pizza to order. Youth ages 16 and under must be accompanied by an adult.

### Adaptive Friendship Camp

**Date:** June - July (weekly)

**Time:** 9:30 a.m. - 3 p.m.

Waller Park Recreation Center, 160 Dobbs Dr.

**Cost:** \$325/ week

**Ages:** 4 - 18 yrs

**Info:** Social event, themes change week to week.



# SPECIAL EVENTS

## CITY OF JOHNS CREEK

### Easter Egg Dash

**Date:** Saturday, March 29

**Time:** 10 a.m. - noon

Newtown Park - Park Place

**Cost:** Free

**Ages:** All ages

**Info:** Enjoy a fun morning of games and the Easter Bunny! Don't forget to bring your basket and camera. No registration required.

### Lunch with Santa

**Date:** Saturday, December 12

**Time:** 12 p.m.

Newtown Park - Park Place

**Cost:** Free

**Info:** "Lunch with Santa" gives our special guests time with the Big Elf himself, lots of delectable goodies, music and holiday activities.

Parents, don't forget to bring your camera. Registration is required and space is limited. Children must be accompanied by an adult (limit of two adults per family). Registration begins November 1 and ends November 29.

## CITY OF ROSWELL

### 40th Annual Field Day

**Date:** May 16 (Saturday)

**Time:** 9:45 a.m. - 2 p.m.

Adult Recreation Center, 830 Grimes Bridge Rd.

**Cost:** Free

**Ages:** 14 yrs and up

**Info:** Join us for a day filled with entertainment, field games, food, and prizes. For individuals with a developmental disability ages 14 and up. This event is co-sponsored by Roswell United Methodist Church. Registration forms are available at Roswell Recreation Centers.



# Community Partners

## CITY OF ALPHARETTA

Alpharetta Recreation, Parks and Cultural Services offers a wide variety of classes, programs and activities for the entire family throughout the year. The department strives to promote the highest quality recreation programs and facilities for citizens of all ages and abilities.

### General Information

Alpharetta Community Center  
175 Roswell Street  
678-297-6100  
Mon-Thu 8:30 a.m.-9 p.m.  
Fri 8:30 a.m.- 7 p.m.  
Sat 8:30 a.m.- 4 p.m.  
Register online at: [Alpharetta.ga.us/recreation](http://Alpharetta.ga.us/recreation)

Alpharetta Arts Center  
238 Canton Street  
678-297-6135  
Mon-Thurs 8:30 a.m. - 8 p.m.  
Fri 8:30 a.m. - 4:30 p.m.  
Sat 9 a.m. - 2 p.m.  
Registration: [alpharetta.ga.us/arts](http://alpharetta.ga.us/arts)

## ALPHARETTA YMCA

The YMCA of Metro Atlanta is an association of volunteers, members and staff, open to and serving all, with programs and services which build spirit, mind, and body. Financial assistance is available based on need. The YMCA actively seeks to identify and involve those in need.

### General Information

3655 Preston Ridge Road  
770-664-1220  
Mon - Thu 5 a.m. - 9:30 p.m.  
Fri 5 a.m. - 9 p.m.  
Sat 7 a.m. - 6 p.m.  
Sun 8 a.m. - 6 p.m.  
[ymcaatlanta.org/ymca-locations/alpharetta/](http://ymcaatlanta.org/ymca-locations/alpharetta/)

## NORTH METRO MIRACLE LEAGUE

The North Metro Miracle League provides supportive programming for children, youth and adults with disabilities focused on healthier, more active lifestyles, social competence, and emotional well-being.

### General Information

John McLaughlin  
Executive Director  
770-777-7044  
[jettjock@mindspring.com](mailto:jettjock@mindspring.com)  
[www.nmml.net/home/](http://www.nmml.net/home/)

## LIONHEART LIFE CENTER

The Lionheart Life Center provides individuals with autism and other neurodevelopmental challenges a comprehensive range of educational, therapeutic and vocational services to maximize the potential for their highest level of independence.

### General Information

225 Roswell Street  
Alpharetta, GA 30009  
770-772-4555  
[schooloffice@thelionheartschool.com](mailto:schooloffice@thelionheartschool.com)

**CITY OF JOHNS CREEK**

Johns Creek Recreation and Parks is committed to enhancing the well being of its residents and visitors through comprehensive recreation and park programs, facilities, and services.

Programming within the parks includes activities and sports for youth and people of all ages, abilities, and backgrounds.

General Information

Newtown Park  
3150 Old Alabama Road  
Register online at:  
[www.johnscreekgov.com/RecreationandParks](http://www.johnscreekgov.com/RecreationandParks)

**CITY OF MILTON**

The City of Milton Parks and Recreation Department develops and maintains a system of parks and recreational resources to welcome visitors and enhance the well-being of Milton residents.

General Information

Milton City Hall  
2006 Heritage Walk  
678-242-2489  
Mon - Fri 8 a.m. - 5 p.m.

**CITY OF ROSWELL**

The Roswell Recreation, Parks, Historic & Cultural Affairs Department continues to strive to meet the leisure needs of the citizens of Roswell by providing quality, comprehensive recreational opportunities as well as unique, engaging, and inclusive parks and facilities.

General Information

Azalea Park  
203 Azalea Dr.

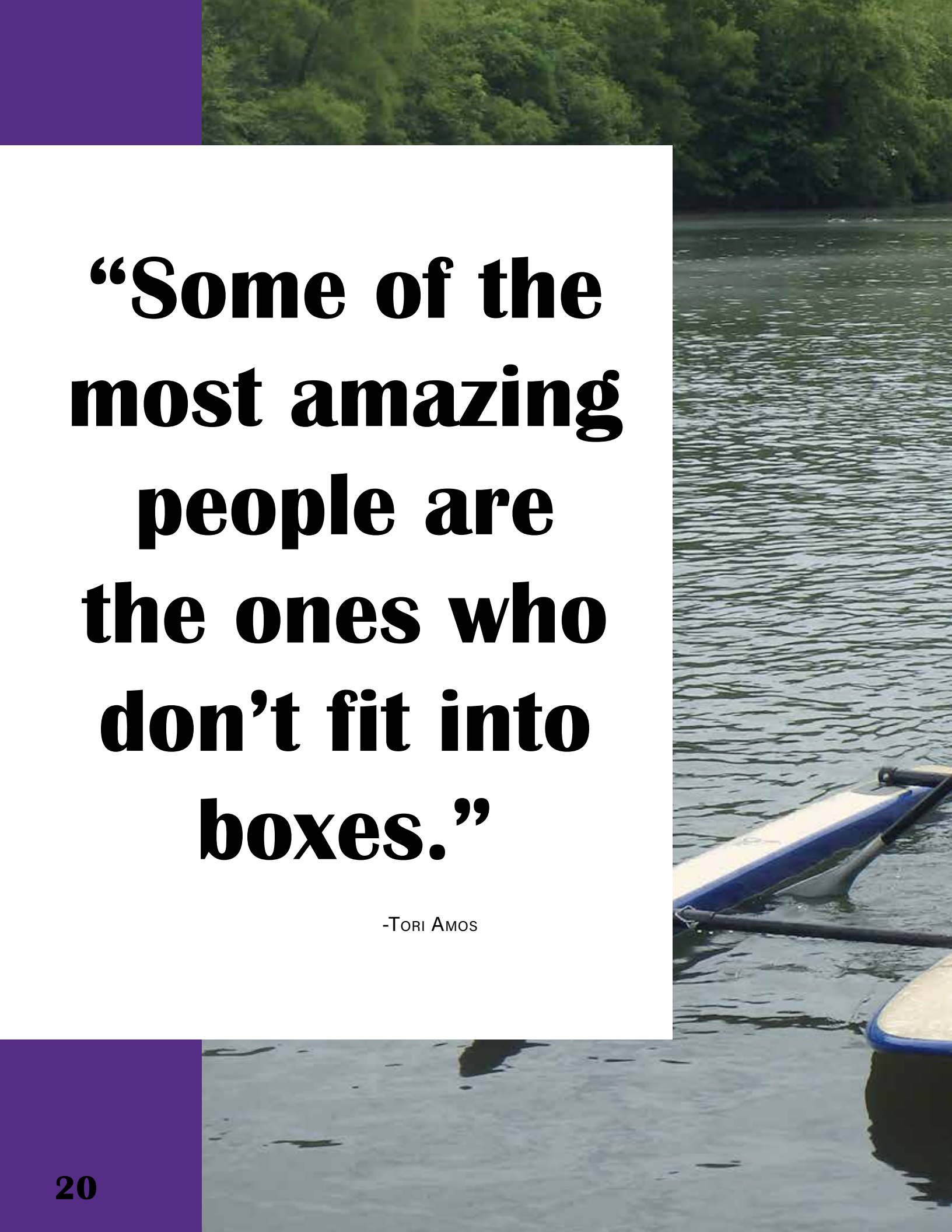
Grimes Bridge Park/ Adult Recreation Center  
830 Grimes Bridge Rd.  
770-641-3950

Groveland Community Park/ Adult Aquatic Center  
200 Frank Lewis Drive  
770-641-3982

Waller Park Recreation Center  
250 Oak St.  
770-641-3996

Roswell Special Needs Advocacy Group  
Parents and caregivers are invited to come to our monthly meetings to help plan and implement programs. Meetings are held at the Roswell Adult Recreation Center.

If you are interested in being on the advocacy group, contact Jessica Leonard at [jleonard01@roswellgov.com](mailto:jleonard01@roswellgov.com).



**“Some of the  
most amazing  
people are  
the ones who  
don’t fit into  
boxes.”**

-TORI AMOS





### **Community Outreach Schedule**

Share your thoughts and input on the needs and requirements of those within your community with special needs.

Please consider attending one of the meetings listed below to be a part future program, events, and service development.

#### **Thursday, February 27 - 6 p.m.**

Milton Community Engagement  
Milton City Hall - 2006 Heritage Walk

#### **Tuesday, March 3 - 6 p.m.**

Johns Creek Community Engagement  
Newtown Park – Park Place Senior Center  
3150 Old Alabama Road

#### **Wednesday, March 11 - 6 p.m.**

Roswell Community Engagement – 6 p.m. Roswell  
Adult Recreation Center  
830 Grimes Bridge Road

#### **Thursday, March 19 - 6 p.m.**

Alpharetta Community Engagement – 6 p.m.  
Alpharetta City Hall - 2 Park Plaza

City of Alpharetta  
2 Park Plaza  
Alpharetta, GA 30009  
678-297-6000  
Alpharetta.ga.us

City of Johns Creek  
11360 Lakefield Drive  
Johns Creek, GA 30097  
678-512-3200  
info@johnscreekgga.gov  
JohnsCreekGa.gov

Ed Isakson YMCA  
3655 Preston Ridge Road  
Alpharetta, GA 30005  
770-664-1220  
YMCAatlanta.org

City of Milton  
2006 Heritage Walk  
Milton, GA 30004  
678-242-2500  
info@cityofmiltonga.us  
CityofMiltonGa.us

City of Roswell  
38 Hill Street, Suite 100  
Roswell, GA 30075  
770-641-3950  
Roswellgov.com