Created in partnership with the cities of Alpharetta, Johns Creek, Milton, Roswell, and Ed Isakson YMCA.

All Adaptive Recreation Programs & Events are designed to expose participants to new experiences, enhance self-esteem, self-confidence, independence, and promote community involvement.
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North Fulton Special Needs Services and Expo is dedicated to the education, enrichment, and support of those with special needs within the North Fulton Community.

It takes a village, and in this case, multiple cities. The cities of Alpharetta, Johns Creek, Milton, Roswell, and Ed Isakson YMCA have partnered together to provide the individuals and families of North Fulton a single place to learn about and access adaptive and special needs programming, classes, camps, sports, special events, and more.

**ADVOCATING**

for people with disabilities.

**PARTNERING**

to benefit the overall community.

**NETWORKING**

to build cooperative relationships.
Fitness & Recreation

CITY OF ALPHARETTA & ED ISAKSON YMCA

B.R.A.V.E. - Gymnastics Class
Date: January - May; September-December
Time: Varies
Alpharetta Community Center, 175 Roswell St.
Cost: $55 Residents, $82.50 Non-residents
Ages: 3 - 7 yrs
Info: B.R.A.V.E (Be-Radiant-Active-Vibrant-Energetic) gymnastics class is designed to help improve fitness, hand-eye coordination, motor skills, balance, strength and flexibility, while enhancing sensory and spatial awareness. Classes are for children with special needs who are independent, while doing gross motor skill activities, yet require a smaller class size.
For more information call 678-297-6100 or email accprograms@alpharetta.ga.us.

Family Swim Nights
Date: June 14, July 19, Aug. 23 (Sundays)
Time: 5:30 p.m. - 7:30 p.m.
Wills Park Pool
Cost: FREE
Ages: All ages
Info: A free swim night for community members with physical or cognitive disabilities and their families.
For more information call 678-297-6107 or email aquatics@alpharetta.ga.us.

ICAN Bike
Date: June 22-26
Time: Assigned 75-minute sessions
Cost: Contact for cost
Ages: All ages
Info: A 5-day camp to teach individuals with special needs to ride on 2-wheels. Our program is offered by iCan Shine, a 501(c)(3) charitable organization that provides unique learning opportunities in recreational activities for people with disabilities. Each person’s abilities are embraced and nurtured to foster an environment where everyone can shine! Applications for summer 2020 will become available on March 2. For questions please contact Officer Allen Elfreth: aelfreth@alpharetta.ga.us and Officer Amanda Clay: aclay@alpharetta.ga.us. For more information visit www.facebook.com/iCanBikeAlpharetta/
After School Fitness Clinics
North Metro Miracle League (NMML)
Date: August - May (Monday & Wednesday)
Time: 4:30 p.m. - 6 p.m.
North Park NMML Field, 13450 Cogburn Rd.
Cost: Contact for cost
Ages: 4 - 21 yrs
Info: Dates and Times will be posted on NMML website in early September. Clinics runs for eight weeks per semester, two classes per week, and is an inclusive fitness class which encourages children and teens to move to the best of their ability. www.nmml.net

Adaptive Fitness, Friendship and FUN
Date: Begins Summer 2020 (Mondays & Thursdays)
Time: 2:45 p.m. - 5:45 p.m. (Monday)
3 p.m. - 6 p.m. (Thursday)
Alpharetta YMCA, 3655 Preston Ridge Rd.
Cost: Contact for cost
Ages: Teens and young adults
Info: This is a 3-hour drop-off program for teens and young adults with special needs. Beginning Summer 2020, the Y will run four 9-week sessions throughout the year. For details and to register, please contact Karen Wise at kwise1@comcast.net.

Adaptive Training
Date: Ongoing (Mondays)
Time: 5 p.m. - 5:45 p.m.
Alpharetta YMCA, 3655 Preston Ridge Rd.
Cost: Contact for cost
Ages: Teens and young adults
Info: Teens and young adults with special needs will be led through a fitness class incorporating cardio, strength and flexibility moves in a safe and fun environment, with modifications so everyone can participate. Please contact Karen Wise krwise1@comcast.net for more details.

Adaptive Swim Lessons
Date: Ongoing
Time: TBD
Alpharetta YMCA, 3655 Preston Ridge Rd.
Cost: Contact for cost
Ages: All ages
Info: Designed for individuals with special needs to learn basic swimming skills and techniques through one-on-one instruction. www.ymcaatlanta.org

Adaptive Dance
Date: Ongoing (Wednesdays)
Time: 5 p.m. - 5:45 p.m.
Alpharetta YMCA, 3655 Preston Ridge Rd.
Cost: Contact for cost
Ages: Teens and young adults
Info: Teens and young adults will join in on some fun line dances, designed with modifications so everyone can participate. Please contact Karen Wise krwise1@comcast.net for more details.

Adaptive Yoga
Date: Ongoing (Thursdays)
Time: 5:15 p.m. - 6:15 p.m.
Alpharetta YMCA, 3655 Preston Ridge Rd.
Cost: Contact for cost
Ages: Teens and young adults
Info: Teens and young adults will be guided through a gentle flow that encourages creative movement at their own pace and ability. They will gain increased strength, balance and flexibility, as well as, an enhanced ability to move through life in a more integrated and inspired way. Facilitators are welcome to join! Please contact Karen Wise at kwise1@comcast.net for more details.

CITY OF ROSWELL

Aquatic Fun and Fitness
Date: Mondays (Year Round)
Time: 6 p.m. - 6:45 p.m.
Adult Aquatic Center, 200 Dobbs Dr.
Cost: $20 Residents, $30 Non-residents
Ages: 10 yrs and up
Info: This program is an introductory level class that incorporates fun activities designed to increase strength, flexibility, and endurance. Appropriate for individuals with developmental disabilities, orthopedic impairments, autism and more.

Veterans Cycling Club
Date: Tuesdays (Spring, Fall, Summer)
Time: 10 a.m. - Noon
Big Creek Park, 1600 Old Alabama Rd.
Cost: Free
Ages: All Veterans
Info: Beginners adaptive cycling program held at Big Creek Park.
**Adaptive Neverland Aquatics**

**Date:** Varies  
**Time:** Varies  
**Cost:** Contact for cost  
**Ages:** 2 yrs and up  
**Info:** Offers basic swim lessons and adaptive swim team. Contact Neverland at 770-827-6373 or visit www.adaptedswim.com.

**Unique Therapy Services (UTS)**

**Date:** Varies  
**Time:** Varies  
**Cost:** Contact for cost  
**Ages:** All ages  
**Info:** Provides Adaptive Aquatics, Swim instruction, and Aquatic Physical Therapy. Contact UTS at 770-641-9239.

**Lionheart WORKS Adult Vocational Program**

**Date:** Year round  
**Time:** 9 a.m. - 3 p.m. (Mon. - Thur.) Ends at 2 p.m. Fridays  
**Cost:** Contact for cost  
**Ages:** 18 yrs and up  
**Info:** An individualized vocational training program for adults with disabilities. ACRE trained staff facilitate a person-centered program that specializes in career discovery, strengths and interests' assessments, job development and job coaching to lead to sustainable and independent employment. Lionheart WORKS offers a variety of job sampling opportunities through our growing list of business connections, community partners, and internal worksites that include The Lionheart Tech Site, Gardens, and Art Cottage. Lionheart WORKS is a year-round program with rolling admissions and accepts funding from Family Support Services, GVRA, self-directed DBHDD Waiver, and private pay.

**Adaptive Rhythmic Art with Kyle Bush**

**Date:** March - May (1st and 3rd Tuesdays)  
**Time:** 4 p.m. - 5 p.m.  
**Cost:** $50 Residents; $75 Non-residents  
**Ages:** 6 - 15 yrs  
**Info:** (TRAP) classes educates individuals with Intellectual and Developmental Disabilities as well as typical young children, by embracing a unique methodology that encompasses rhythm as a modality to address basic life and learning skills as well as reading, writing, and arithmetic. TRAP provides its students with the tools and confidence needed to succeed in the world.
Adaptive Expression
Date: March - December (2nd Monday of each month)
Time: 4 p.m. - 5 p.m.
Alpharetta Arts Center, 238 Canton St.
Cost: FREE
Ages: All ages
Info: Artists with special needs exercise their creativity and social skills in an informal arts activity on the 2nd Monday of each month. All supplies provided. No fee; pre-registration required; space limited.

Adaptive Art: Meet the Masters with Beth Abbott
Date: March 17 - April 28 (Tuesdays)
Time: 6 p.m. - 7 p.m.
Alpharetta Arts Center, 238 Canton St.
Cost: $135 residents, $202.50 non-residents
$20 supply fee
Ages: 13 - 30 yrs
Info: Each week a historic Master Artist and their unique styles will be introduced. Instructor will provide the materials and guidance needed to create a masterpiece in a variety of mediums. We will create collages with colorful papers, explore acrylic on canvas, watercolor paint, oil pastels and more. Come and be inspired by the Masters!

Adaptive Ceramics with Rosita Czekala
Date: March 18 - May 13 (Wednesdays)
Time: 4:30 p.m. - 6 p.m.
Alpharetta Arts Center, 238 Canton St.
Cost: $50
Ages: 18 yrs and up
Info: The class is open for young adults ages 18 and above with neurodevelopmental challenges, such as autism. This is a group pottery class and we are unable to offer one on one support at this time. We hope you will come get your hands messy with us and create beautiful pieces!

Shenanigans Junior with Autism Improvised, INC.
Date: March 23 - May 18 (Mondays)
Time: 4:30 p.m. - 5:30 p.m.
Alpharetta Arts Center, 238 Canton St.
Cost: $250 Residents, $375 non-residents
Ages: 5-7 yrs
Info: Grow self-confidence and social communication skills through fun theater and improv games. For children who are shy, struggle with friendships, and have difficulty understanding their social universe. Great for kids with autism and related disorders. No diagnosis needed.

Code Breakers with Autism Improvised, INC.
Date: March 25 - May 6 (Wednesdays)
Time: 5 p.m. - 6 p.m.
Alpharetta Arts Center, 238 Canton St.
Cost: $300 Residents, $450 non-residents
Ages: 16 - 22 yrs
Info: For motivated young adults headed to college or the competitive work force. Through improvised role play and discussion, we explore a single topic related to social interactions each six weeks. Our spring topic is “Problem Solving and Dealing with Difficult People.”

Camp Moe-mentum
North Metro Miracle League (NMML)
Date: June
Time: 9 a.m. - 3 p.m.
North Park-NMML Field, 13450 Cogburn Road.
Cost: $220
Ages: 5 - 13 yrs; 13 yrs and up
Info: Camp “Moe-Mentum” is an inclusive camp concentrating on fitness and fun. Campers of all abilities participate in a variety of activities which encourage movement and socialization.
**Fitness & Recreation**

**Camp Happy Hearts**
- **Date:** June - July
- **Time:** 9 a.m. - 4 p.m.
  - Lionheart Life Center, 225 Roswell St., Alpharetta, Ga
- **Cost:** $150 Residents, $225 Non-residents
- **Ages:** 6 - 12 yrs
- **Info:** Camp Happy Hearts offers a fun summer day camp experience appropriate for children with special needs. Your child will make new friends and go to exciting places. Activities include swimming, arts and crafts, games, sports, field trips and much more!

**CITY OF MILTON**

**Camp Joyful Soles**
- **Date:** June - July
- **Time:** 9 a.m. - 4 p.m.
  - Location TBD
- **Cost:** $175 Residents, $262.50 Non-residents
- **Ages:** 13 - 22 yrs
- **Info:** This small, specialized camp, designed for moderate to high functioning special needs teenagers, is limited to just 30 participants each week and offers a multitude of activities including: arts and crafts; games, music, social skills therapy, drama therapy, special guests, field trips and swimming once per week.

**Lionheart Farm Camp**
- **Date:** June - July
- **Time:** 9 a.m. - 3 p.m.
  - Lionheart Life Center, 225 Roswell St., Alpharetta, Ga
- **Cost:** $450 per week/ $500 per week w/ transportation
- **Ages:** 5 - 18 yrs
- **Info:** Lionheart Farm summer camp is a program for children 5 - 12 yrs old, where they can play, discover, and explore nature. Sensory driven activities include farming, gardening, woodworking, rustic art, ceramics and swimming.

**City of Roswell**

**Adaptive Art**
- **Date:** Seasonal
- **Time:** 6:30 p.m. - 7:30 p.m.
  - Adult Recreation Center, 830 Grimes Bridge Rd.
- **Cost:** $20 Residents, $30 Non-residents
- **Ages:** 12 yrs and up
- **Info:** Adapted art program focusing on technique and creativity. Students will explore clay, painting and multimedia art projects.

**Spring Break Friendship Camp**
- **Date:** April 6 - 8
- **Time:** 9:30 a.m. - 3 p.m.
  - Waller Park Recreation Center, 250 Oak Street
- **Cost:** $225
- **Ages:** 4 - 30 yrs
- **Info:** For more information, please call 678-640-2489. Register online at www.SocialSkillsToday.com.
THANK YOU TO OUR 2019 PARTICIPANTS

Access Ability
ACE Healthcare
Alexsander Academy
Art in a Cart
Autism Improvised
Back to Balance
BEATS, Inc.
BREWable
Bright Horizons Pediatric Therapy
City of Alpharetta
City of Johns Creek
City of Milton
City of Roswell
Cobblestone Therapy Group
College Nannies & Sitters
Cumberland Academy
doTerra Essential Oils
Dreamworks Children’s Therapy
Ed Isakson YMCA
Elevation Autism & Learning Center
Friendship Ranch
Great Prospects, Inc.
Harmony Childrens Village
In Community
International Dyslexia Assoc.
Kid’s Creek Therapy
Lekotek
Lionheart/LionWORKS
Lumina Autism Center
Mill Springs Academy
Next Step Ministries, Inc.
North Metro Miracle League
PRISM
ReClif
South Main Chiropractic
Special Equestrians of GA
Swimkids of Georgia
The Geroge Center for Music Therapy
Therabeat, Inc.
Unique Therapy Services, LLC
Your Respite

For information email cyoung@alpharetta.ga.us or call 678-297-6154.
Sports
CITY OF ALPHARETTA

Adaptive Softball
North Metro Miracle League (NMML)
Date: Spring and Fall
Time: Varies
North Park NMML Field, 13450 Cogburn Rd.
Cost: $45 per season
Ages: All ages
Info: Adaptive softball program for all abilities. No minimum ability requirement. There are five levels of competition including a Special Olympics travel team. Visit www.NMML.net for more information.

CITY OF JOHNS CREEK

Special K Soccer
Date: April - May (Saturdays)
Time: Sunday afternoons
North Fulton United FC
Newtown Park, 3150 Old Alabama Road
Cost: FREE
Ages: 8+ yrs
Info: Special K Soccer invite athletes with special needs (ages 8 and older) to compete in a 4 game soccer season. These athletes will be matched with peers without disabilities. Unified Sports® is an inclusive sports program that combines an approximately equal number of athletes (individuals with intellectual disabilities) and partners (individuals without intellectual disabilities) on teams for training and competition. Visit www.northfultonunited.org for more information.

CITY OF ROSWELL

Adaptive Basketball
Date: Winter (Saturdays)
Time: 5:00 p.m. - 5:45 p.m. - Ages 5-12 yrs
6:00 p.m. - 6:45 p.m. - Ages 12 - 17 yrs
Hembree Park Gym
Cost: $30 Residents, $44 Non-residents
Ages: 5 - 17 yrs
Info: Learn the basic skills of basketball using fun activities that include shooting, dribbling, passing, and more.

Adaptive Paddleboarding
Date: Seasonal
Time: Varies
Azalea Park Dock, 203 Azalea Dr.
Cost: $40 Residents, $60 Non-residents
Ages: 10 yrs and up
Info: Meet with a certified adaptive paddling instructor to enjoy the fun of paddling on the Chattahoochee! The Onit Ability paddle board accommodates wheelchairs for those who are paraplegic, amputees, or have other disabilities. Sessions are 60 minutes, fees are per session. For more information call 770-722-3972 or email roswellGAP@gmail.com.

Adaptive Tennis
Date: Spring and Fall (Tuesdays)
Time: 6:30 p.m. - 7:30 p.m
Roswell Area Park
Cost: Free
Ages: 18 yrs and up
Info: Participants will learn basic tennis skills: backhand, forehand, serving and more. Program taught by special pops tennis.

Adaptive Soccer
Date: Spring (Saturdays)
Time: 9:30 a.m. - 10:30 a.m. - Ages 5-12 yrs
10:45 a.m. - 11:45 a.m. - Ages 12 - 17 yrs
Groveway Community Park, 160 Dobbs Dr.
Cost: $30 Residents, $45 Non-residents
Ages: 5 - 17 yrs
Info: Learn basic skills of soccer using fun activities.

Adaptive Baseball
Date: Summer and Fall (Saturdays)
Time: 9:30 a.m. - 10:30 a.m. - Ages 5-12 yrs
10:45 a.m. - 11:45 a.m. - Ages 12 - 17 yrs
Groveway Community Park, 160 Dobbs Dr.
Cost: $30 Residents, $45 Non-residents
Ages: 5 - 17 yrs
Info: Learn the basic skill of baseball using fun activities that include throwing, catching, hitting, and more.
CITY OF ALPHARETTA & ALPHARETTA YMCA

Alpharetta Y Happy Club
Date: Ongoing
Time: Varies
Alpharetta YMCA, 3655 Preston Ridge Rd.
Cost: Contact for cost
Ages: 16 yrs and up
Info: The Happy Club is a YMCA program—developed and maintained by volunteers—that provides teens and adults with developmental disabilities the opportunity to further develop their social and community skills. www.ymcaatlanta.org

BrewAble Cafe
Date: Ongoing
Time: Mon. - Fri. 7 a.m. - 5 p.m.
Sat. 9 a.m. - 3 p.m.
Alpharetta Community Center, 175 Roswell St.
Info: BrewAble is a nonprofit café in the Alpharetta Community Center. Our mission is to provide meaningful employment and community connections for people with intellectual and developmental disabilities (IDD) by creating opportunities to train, learn, and excel as employees in a café setting. Learn about the program, employment opportunities and more at www.brewablecafe.com.

Y After School
Date: Ongoing
Time: 2 p.m. - 6:30 p.m.
Alpharetta YMCA, 3655 Preston Ridge Rd.
Cost: Contact for cost
Ages: 5 - 11 yrs
Info: Inclusion after school program for K-5th Grade.
**Owl Club Child Care**

**Date:** Saturdays

**Time:** 12:30 p.m. - 3 p.m.

Alpharetta YMCA, 3655 Preston Ridge Rd.

**Cost:** Contact for cost

**Ages:** 4 - 11 yrs

**Info:** Guided play and discovery programing for children with special needs. www.ymcaatlanta.org

**Camp 2 Community**

**North Metro Miracle League (NMML)**

**Date:** July

**Time:** Varies

North Park-NMML Field, 13450 Cogburn Rd.

**Cost:** TBD

**Ages:** 10 -16 yrs

**Info:** Camp2Community is a 4 week summer program aimed at providing meaningful life, social and vocational instruction while maintaining the stress free and fun environment of a typical summer camp. Campers will learn many valuable life skills.

**Owl Program Day Camp**

**Date:** Summer (Saturdays)

**Time:** 12:30 p.m. - 3 p.m.

Alpharetta YMCA, 3655 Preston Ridge Rd.

**Cost:** Contact for cost

**Ages:** 5 - 14 yrs

**Info:** Please visit www.ymcaatlanta.org for more information.

**CITY OF JOHNS CREEK**

**Young Adult Bocce & Game Night**

**Dates:** January - December (Every other Tuesday)

**Time:** 6:30 p.m. - 8 p.m.

Newtown Park - Park Place

**Cost:** Free

**Ages:** 18 yrs and up

**Info:** The Recreation and Parks Division and our partner Michael Stinson, CPT, invite members of the community (18 years and older) with special needs to play Bocce Ball and games with friends. Register or receive more information by contacting Michael Stinson at 716-818-3475 or michaelstinson65@yahoo.com.

**Young Adult Bingo Night**

**Dates:** Friday, July 24; Friday, Nov. 13

**Time:** 7 p.m. - 9 p.m.

Newtown Park - Park Place

**Cost:** FREE

**Ages:** 18 yrs and up

**Info:** Join us for Bingo Night, presented in partnership with Great Prospects. Parents are encouraged to drop off young adults to enjoy an evening of bingo, pizza, drinks, prizes, and fun! RSVP to info@greatprospectsinc.org or call 770-314-4243.

**Dance Under the Stars**

**Dates:** Friday, September 11

**Time:** 7 p.m. - 9 p.m.

Newtown Park - Amphitheater

**Cost:** $12

**Ages:** 15 yrs and up

**Info:** Join us for an evening of dancing, pizza, drinks, DJ Sammy and lots of fun! Parents are encouraged to drop off young adults, ages 15 years and older, to enjoy the dance. RSVP to info@greatprospectsinc.org or call 770-314-4243.

**CITY OF MILTON**

**Village Volunteers**

**Date:** Ongoing (Mondays)

**Time:** Noon - 2 p.m.

Bethwell Community Center, 2595 Hopewell Rd

**Info:** The Village Volunteers is a volunteer social activities group serving adults with disabilities that have aged out of the public school system. The group meets every Monday at Bethwell Community Center from noon to 2 p.m. Activities include cooking and art projects along with an outing into the community once per month. Parents or caretakers must accompany the member. This activities group is solely supported by local volunteers. For more information, please email villagevolunteers@yahoo.com.
CITY OF ROSWELL

Young Adult Social
Date: Monthly/ Holidays
Time: Times vary
Cost: $16 Residents, $24 non-residents
Ages: 18 yrs and up
Info: Monthly event encouraging social interactions and friendship. Dinner is provided. Events are themed.
- Cupid Dance- 2/19
- Shamrock Dance- 3/18
- Glow Party- 4/15
- Luau Dance- 7/15
- Halloween Dance- 10/21
- Thanksgiving Dance- 11/18
- Holiday Dance- 12/16

Adaptive Bocce
Date: Year round (Thursdays)
Time: 6:30 p.m. - 8 p.m.
Cost: Free
Ages: 14 yrs and up
Info: Adaptive bocce, social event.

Youth Social Club
Date: Monthly (Wednesday)
Time: 6:30 p.m. - 8:30 p.m.
Cost: $16 Residents, $24 non-residents
Ages: 12 - 17 yrs
Info: Monthly event encouraging social interactions and friendship.
- March 25
- April 22
- May 27

Movie Night
Date: March 4, July 22
Time: 6 p.m. - 8 p.m.
Cost: $4
Ages: All ages
Info: We will be watching a popular movie on the big screen! Sign up now so we will know how much pizza to order. Youth ages 16 and under must be accompanied by an adult.

Adaptive Friendship Camp
Date: June - July (weekly)
Time: 9:30 a.m. - 3 p.m.
Cost: $325/ week
Ages: 4 - 18 yrs
Info: Social event, themes change week to week.
SPECIAL EVENTS

CITY OF JOHNS CREEK

Easter Egg Dash
Date: Saturday, March 29
Time: 10 a.m. - noon
Cost: Free
Ages: All ages
Info: Enjoy a fun morning of games and the Easter Bunny! Don’t forget to bring your basket and camera. No registration required.

Lunch with Santa
Date: Saturday, December 12
Time: 12 p.m.
Cost: Free
Info: "Lunch with Santa" gives our special guests time with the Big Elf himself, lots of delectable goodies, music and holiday activities.

Parents, don’t forget to bring your camera. Registration is required and space is limited. Children must be accompanied by an adult (limit of two adults per family). Registration begins November 1 and ends November 29.

CITY OF ROSWELL

40th Annual Field Day
Date: May 16 (Saturday)
Time: 9:45 a.m. - 2 p.m.
Cost: Free
Ages: 14 yrs and up
Info: Join us for a day filled with entertainment, field games, food, and prizes. For individuals with a developmental disability ages 14 and up. This event is co-sponsored by Roswell United Methodist Church. Registration forms are available at Roswell Recreation Centers.
CITY OF ALPHARETTA
Alpharetta Recreation, Parks and Cultural Services offers a wide variety of classes, programs and activities for the entire family throughout the year. The department strives to promote the highest quality recreation programs and facilities for citizens of all ages and abilities.

General Information
Alpharetta Community Center
175 Roswell Street
678-297-6100
Mon–Thu 8:30 a.m.–9 p.m.
Fri 8:30 a.m.– 7 p.m.
Sat 8:30 a.m.– 4 p.m.
Register online at: Alpharetta.ga.us/recreation

Alpharetta Arts Center
238 Canton Street
678-297-6135
Mon-Thurs 8:30 a.m. - 8 p.m.
Fri 8:30 a.m. - 4:30 p.m.
Sat 9 a.m. - 2 p.m.
Registration: alpharetta.ga.us/arts

ALPHARETTA YMCA
The YMCA of Metro Atlanta is an association of volunteers, members and staff, open to and serving all, with programs and services which build spirit, mind, and body. Financial assistance is available based on need. The YMCA actively seeks to identify and involve those in need.

General Information
3655 Preston Ridge Road
770-664-1220
Mon - Thu 5 a.m. - 9:30 p.m.
Fri 5 a.m. - 9 p.m.
Sat 7 a.m. - 6 p.m.
Sun 8 a.m. - 6 p.m.
ymcaatlanta.org/ymca-locations/alpharetta/

NORTH METRO MIRACLE LEAGUE
The North Metro Miracle League provides supportive programming for children, youth and adults with disabilities focused on healthier, more active lifestyles, social competence, and emotional well-being.

General Information
John McLaughlin
Executive Director
770-777-7044
jettjock@mindspring.com
www.nmml.net/home/

LIONHEART LIFE CENTER
The Lionheart Life Center provides individuals with autism and other neurodevelopmental challenges a comprehensive range of educational, therapeutic and vocational services to maximize the potential for their highest level of independence.

General Information
225 Roswell Street
Alpharetta, GA 30009
770-772-4555
schooloffice@thelionheartschool.com
CITY OF JOHNS CREEK
Johns Creek Recreation and Parks is committed to enhancing the well-being of its residents and visitors through comprehensive recreation and park programs, facilities, and services.

Programming within the parks includes activities and sports for youth and people of all ages, abilities, and backgrounds.

General Information
Newtown Park
3150 Old Alabama Road
Register online at:
www.johnscreekga.gov/RecreationandParks

CITY OF MILTON
The City of Milton Parks and Recreation Department develops and maintains a system of parks and recreational resources to welcome visitors and enhance the well-being of Milton residents.

General Information
Milton City Hall
2006 Heritage Walk
678-242-2489
Mon - Fri 8 a.m. - 5 p.m.

CITY OF ROSWELL
The Roswell Recreation, Parks, Historic & Cultural Affairs Department continues to strive to meet the leisure needs of the citizens of Roswell by providing quality, comprehensive recreational opportunities as well as unique, engaging, and inclusive parks and facilities.

General Information
Azalea Park
203 Azalea Dr.
Grimes Bridge Park/ Adult Recreation Center
830 Grimes Bridge Rd.
770-641-3950
Groveteway Community Park/ Adult Aquatic Center
200 Frank Lewis Drive
770-641-3982
Waller Park Recreation Center
250 Oak St.
770-641-3996
Roswell Special Needs Advocacy Group
Parents and caregivers are invited to come to our monthly meetings to help plan and implement programs. Meetings are held at the Roswell Adult Recreation Center.

If you are interested in being on the advocacy group, contact Jessica Leonard at jleonard01@roswellgov.com.
“Some of the most amazing people are the ones who don’t fit into boxes.”

-Tori Amos
Community Outreach Schedule
Share your thoughts and input on the needs and requirements of those within your community with special needs.

Please consider attending one of the meetings listed below to be a part future program, events, and service development.

**Thursday, February 27 - 6 p.m.**
Milton Community Engagement
Milton City Hall - 2006 Heritage Walk

**Tuesday, March 3 - 6 p.m.**
Johns Creek Community Engagement
Newtown Park – Park Place Senior Center
3150 Old Alabama Road

**Wednesday, March 11 - 6 p.m.**
Roswell Community Engagement – 6 p.m. Roswell Adult Recreation Center
830 Grimes Bridge Road

**Thursday, March 19 - 6 p.m.**
Alpharetta Community Engagement – 6 p.m.
Alpharetta City Hall - 2 Park Plaza