

Alpharetta Adult Activity Center-April 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Ceramics Studio Tues, Weds, Fri at 9AM OR 12:30PM Registration required 678-297-6140	Stained Glass Studio Tues, Thurs, Fri at 9AM OR 12:30PM Registration required 678-297-6140	The Fitness Room is open Mon-Fri, 9AM-4PM	Yoga, Pilates, Tai Chi, Aerobics and Line Dance classes are held outdoors in North Park at the Miracle League Field/Pavilion	1 Adaptive Line Dance 10AM Line Dance 11:15AM	2 Closed for City Holiday	3
4	5 Tai Chi 10AM Aerobics 11AM	6 Silver Spokes Bike Ride 10:30AM Meet at Rockmill Park Registration required	7 Tai Chi 10AM Aerobics 11AM	8 Adaptive Line Dance 10AM Line Dance 11:15AM	9 Tai Chi 10AM Aerobics 11AM	10
11	12 Yoga 9AM Tai Chi 10AM Aerobics 11AM	13	14 Yoga 9AM Tai Chi 10AM Aerobics 11AM	15 Pilates 9AM Adaptive Line Dance 10AM Line Dance 11:15AM	16 Yoga 9AM Tai Chi 10AM Aerobics 11AM	17
18	19 Yoga 9AM Tai Chi 10AM Aerobics 11AM	20 Silver Spokes Bike Ride 10:30AM Meet at Rockmill Park Registration required	21 Yoga 9AM Tai Chi 10AM Aerobics 11AM	22 Pilates 9AM Adaptive Line Dance 10AM Line Dance 11:15AM	23 Yoga 9AM Tai Chi 10AM Aerobics 11AM	24
25	26 Yoga 9AM Tai Chi 10AM Aerobics 11AM	27 BINGO 10AM Miracle League Pavilion Call to register 678-297-6140	28 Yoga 9AM Tai Chi 10AM Aerobics 11AM	29 Pilates 9AM Adaptive Line Dance 10AM Line Dance 11:15AM	30 Yoga 9AM Tai Chi 10AM Aerobics 11AM	